

2018 SOCCER RULES MEETING

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Iowa High School Athletic Association
Soccer Administrator

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Soccer Administrator




THIS POWERPOINT PRESENTATION WAS COMPILED JOINTLY BY THE STAFFS OF THE IOWA HIGH SCHOOL ATHLETIC ASSOCIATION AND THE IOWA GIRLS HIGH SCHOOL ATHLETIC UNION

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Soccer Advisory Committees

<p>Boys Advisory Committee</p> <ul style="list-style-type: none"> • J.P. Graham, Head Coach, Cedar Rapids, Washington • Dustin Kralik, Head Coach, Norwalk • Gary Overla, Head Coach, Perry • Jose Garcia, Head Coach, West Sioux, Hawarden • Marcus Miller, Head Coach, Iowa Mennonite, Kalona 	<p>Girls Advisory Committee</p> <p>CHAIR – Aaron Stecker, Cedar Rapids Kennedy</p> <p>Mark Howard, Pella</p> <p>Julie Girsch, Waterloo Columbus</p> <p>Jeff Lefeber, Tri-Center</p> <p>Chris Allen, Ankeny Centennial</p> <p>OFFICIAL-Jennifer Dunn, Cedar Rapids, Official</p>
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MANDATORY CONCUSSION COURSE FOR ALL 7-12 COACHES



Concussion in Sports
Elective Course

Student Coach Parent Administrator Official

Free! Completions: 161023 +

ALL 7-12 coaches (paid or volunteer) are required to view the NFHS course, **“Concussion in Sports”** before the beginning of their respective sport season. Information regarding accessing this course has been sent to your school administrator.

CONCUSSIONS

Iowa Code Section 280.13C states, in part,

- “Annually, each school district and nonpublic school shall provide to the parent or guardian of each student a concussion and brain information sheet, as provided by the Iowa High School Athletic Association and Iowa Girls High School Athletic Union.
- The student and student’s parent or guardian shall sign and return the concussion and brain injury information sheet to the student’s school prior to the student’s participation in any interscholastic activity for grades seven through twelve.”

HEADS UP: Concussion in High School Sports

FOR PARENTS AND STUDENTS

The Iowa High School Athletic Association (IHSAA) is pleased to announce that it has developed a new concussion information sheet for parents and students. This sheet is designed to provide information on the signs and symptoms of a concussion, the importance of reporting a concussion, and the steps to take if a concussion is suspected. The sheet is available in both English and Spanish.

What is a concussion?
A concussion is a brain injury. Concussions are caused by a bump, blow, or jolt to the head or body. Even a “ding,” “golfing,” and “nut case,” if severe enough, can lead to a concussion.

What are the signs and symptoms of a concussion?
The signs and symptoms of a concussion can be physical, emotional, cognitive, and/or behavioral. They may not appear immediately and can take hours, days, or weeks to develop. If you suspect a concussion, stop the activity and seek medical attention.

What should I do if I suspect a concussion?
1. STOP THE ACTIVITY
2. Seek medical attention right away.
3. Do not return to play until cleared by a healthcare professional.

What are the signs and symptoms of a concussion?
The signs and symptoms of a concussion can be physical, emotional, cognitive, and/or behavioral. They may not appear immediately and can take hours, days, or weeks to develop. If you suspect a concussion, stop the activity and seek medical attention.

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What should I do if I suspect a concussion?
1. STOP THE ACTIVITY
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3. Do not return to play until cleared by a healthcare professional.

Concussion Recognition & Management



- Complete information on concussions can be found at www.iahsaa.org. Click on “Information on Sports Concussions” on the IHSAA home page.

CONCUSSIONS

- **Coach Removal** – Iowa law requires a **student’s coach who observes** signs, symptoms, or behaviors consistent with a concussion or brain injury, during any kind of participation, i.e. practices, scrimmages, contests, etc., **to remove the student from participation immediately and the student shall not return until the coach, or school’s designated representative, receives written clearance to return** from a licensed health care provider.

CONCUSSIONS

- **Contest Official Removal** – Iowa law requires a **contest official who observes** signs, symptoms, or behaviors consistent with a concussion or brain injury during scrimmages, contests, etc., **to remove the student from participation immediately and that official, or a designated contest official at the contest/event, must receive the written clearance to return** from a licensed health care provider **before the student can return to participation in that contest/event**, including an event that takes place over multiple days.

ADMINISTRATIVE INFORMATION

REMINDER ADMINISTRATIVE CHANGE

NO 8th GRADE STUDENTS (BOYS OR GIRLS) ARE ELIGIBLE TO PLAY WITH THE HIGH SCHOOL TEAM

ADMINISTRATIVE INFORMATION

SCHOLARSHIP RULE IHSAA & IGHSAU

A student is not eligible to participate in an interscholastic sport if the student has, in that same sport, participated in a contest with or against, or trained with, a National Collegiate Athletic Association (NCAA), National Junior College Athletic Association (NJCAA), National Association of Intercollegiate Athletics (NAIA), or other collegiate governing organization’s sanctioned team. A student may not participate with or against high school graduates if the graduates represent a collegiate institution or if the event is sanctioned or sponsored by a collegiate institution.

ADMINISTRATIVE INFORMATION

PLAYING DATES

Boys – fifteen (15), two (2) of which may be multiple team tournaments, conference tournament no longer exempt from the count – limit of eight (8) teams. 19 game maximum.

Reminder- in multiple team tournaments, the maximum number of games that can be played in one day is 3. (Per ihsaa soccer advisory committee)

ADMINISTRATIVE INFORMATION

PLAYING DATES

Individual limitation – nineteen (19) games – four (4) halves per day – waived for multiple team tournaments- six (6) halves per day.

ADMINISTRATIVE INFORMATION

PLAYING DATES

Girls –girls are allowed to play a maximum of seventeen (17) matches per level of competition.

Individual Player Limitation may not exceed six (6) halves in a calendar day. There is no season match limitation for an individual player.

ADMINISTRATIVE INFORMATION

SCRIMMAGES

Boys are allowed two scrimmage any time during the season. Girls are allowed one scrimmage.

JAMBOREES

Boys and girls each allowed one jamboree after the first day of practice. For girls, until the first playing date. For boys, anytime during the season

ADMINISTRATIVE INFORMATION

TOURNAMENT GAME BALL

BOYS AND GIRLS

SPALDING TF-5000



ADMINISTRATIVE INFORMATION

OVERTIME

Same overtime procedure for both boys and girls – both boys and girls require all tied varsity games to have overtime –

ADMINISTRATIVE INFORMATION

IGHSAU OVERTIME EXCEPTION

A game that has met the requirements of being played into the 2nd half (a complete game) but has ended due to weather/facility/injury may now be recognized as a complete game, even if it ends in a tie.



ADMINISTRATIVE INFORMATION**BOYS AND GIRLS OVERTIME
PROCEDURE**

1. Two ten minute sudden victory overtimes will be played.
2. If the tie remains, penalty kicks will be used. Follow the procedure on pages 88 of the rule book, items 1, 3 and 4.

ADMINISTRATIVE INFORMATION**IOWA CONDUCT RULES**

Any player receiving a caution (**yellow card**) must leave the game for five (5) consecutive minutes. Penalty will carry over from half to half and end of game to overtime and overtime to overtime. A caution in the second 5 minutes of the second overtime will result in no further play.

ADMINISTRATIVE INFORMATION**IOWA CONDUCT RULES
BOYS ONLY**

Any team receiving four varsity **red cards**, including coach cards, will not be eligible to participate in the post season tournament. If the fourth card is received in a post season tournament game, the game will end and the team will forfeit the contest.

ADMINISTRATIVE INFORMATION**IOWA CONDUCT RULES
BOYS ONLY**

Any varsity coach receiving two **red cards** over a three year period will not be allowed to coach his/her team in the post-season tournament for two years.

ADMINISTRATIVE INFORMATION**ONLINE GAME REPORT
IHSAA & IGHSAU**

Following each game, an administrator from the home school, the referee(s), assistant referee(s) and both head coaches need to complete a report. A future mailing will give instructions including the web address.

**BOYS STATE TOURNAMENT
INFORMATION**

- There are three classes of boys Soccer— CLASS 3A (48 schools) – CLASS 2A (48 schools) – CLASS 1A (Remainder Of Schools)
- Substate Games Will Be Played On May 21, 23, 26
- Boys State Tournament Will Be A Three (3) Day Tournament
- Dates – May 31, June 1, June 2
- Location – Cownie Soccer Park-Des Moines



GIRLS REGIONAL/STATE TOURNAMENT INFORMATION

2018 GIRLS SOCCER CLASSIFICATION
 CLASS 3A (32 schools)
 CLASS 2A (48 schools)
 CLASS 1A (remainder of schools)

GIRLS REGIONAL SCHEDULE

- 3A – May 26, May 30, June 4
- 2A – May 24, May 29, June 4
- 1A – May 29, June 1, June 4



GIRLS STATE TOURNAMENT INFORMATION

- **Girls State Tournament Will Be A Three (3) Day Tournament**
- **Dates – June 7, 8 & 9**
- **Locaton – Cownie Soccer Complex, Des Moines**



MANDATORY STATISTICS REPORTING

Soccer coaches will be **REQUIRED** to have soccer statistics updated on the following dates:



- Tuesday, April 17 at 3 PM
- Tuesday, May 1 at 3 PM
- Tuesday, May 15 at 3 PM



All matches played through the previous Saturday are to be included in these statistical updates. Coaches that fail to comply with these deadlines will be suspended until they are in compliance for the girls and not allowed to coach in the tournament series for boys.

MANDATORY STATISTICS REPORTING

New for 2018 IGHSAU Soccer Season



This year girls' soccer coaches will be **REQUIRED** to have their soccer statistics updated every Tuesday morning during the regular season. Failure to have statistics updated will result in sanctions against the head coach.

MANDATORY STATISTICS REPORTING

CORNER KICKS

Required reporting on QUIKStats will be the amount of corner kicks that each team has during each varsity game. There will be an area for coaches to enter the number of corner kicks each game. This statistical information will provide coaches the opportunity to evaluate how many times they and their upcoming opponent were on the offensive side of the field.



GIRLS OFFICIAL RECOMMENDATIONS

Girls Coaches have **30 DAYS** after the State Soccer Tournament to submit official recommendations to the State Office.

The 2018 deadline is **MONDAY, JULY 9.**





SOCCER ANNOUNCEMENTS

- **Corrections to the 2017 Soccer Rules Book**
 - Page 23, 4-1-1i(3) – CHANGE 4-1-1h(1) to **4-1-1i(1)**
 - Page 26, 4-1-1 Situation Q – RULING **a is illegal**
 - Page 54, 13-1-2 – CHANGE reference 12-2-3 to **13-2-3**
 - Page 77, State Association Adoptions 1. CHANGE (4-2-1h Exception 3) to **(4-2-1h Exception 2)**
 - Page 78, Comments on the Rules – CHANGE second reference in first comment 4-4-1e to **4-1-1e**

www.nfhs.org

RULE 4-1-1D Visible Apparel NOTE CHANGE

- If visible apparel is worn under the jersey and/or shorts, it shall be a single solid color.
- Arm sleeves DO NOT NEED TO MATCH the predominant color of the jersey and leg sleeves DO NOT NEED TO match the predominant color of the shorts.
- If a player wears sleeves on both arms, they must be of similar lengths on each arm (but, they may be of different length than a teammates' sleeves).

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RULE 4-1-1e Visible Arm Compression NOTE CHANGE

- Visible arm compression sleeves shall be a similar length, all alike and of a solid color.
- Visible leg compression sleeves shall be of a similar length, all alike and of a solid color.

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Rule 4-2-9 Other Equipment

PlayPic A

PlayPic B

- The ability to wear headgear has been expanded beyond headbands. PlayPic A remains legal and the change now makes PlayPic B legal. Wearing of any headgear is not required. Schools, parents and students are encouraged to make their own assessment on the type of equipment worn via ASTM standards.

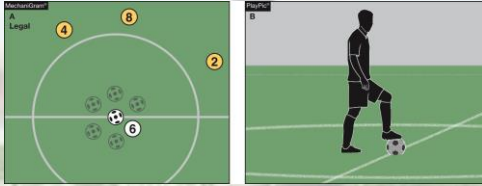
www.nfhs.org

Rule 5-1-3f Officials: General

Electronic-communication devices including buzzer/beep flags and headsets may be used by the officials.

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Rule 8-1-3 Kickoff

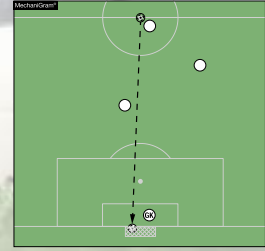


The ball is in play when it is kicked and clearly moves in any direction (MechaniGram A). The ball is *not* in play until it has *clearly* moved (PlayPic B).

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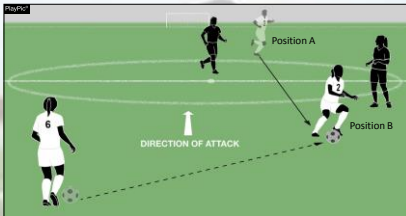
Rule 10-1-3F Goals

- With the change to allow the kickoff to be taken in any direction, the rule maintains the game's foundation that a team cannot score on itself from a kickoff. The restart would be a corner kick for opposing team.



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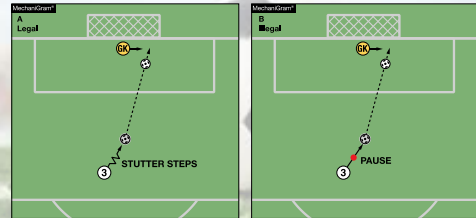
Rule 13-1-2 Description of a Free Kick



- The restart for offside is an indirect free kick. The kick should be taken from the position where the offending player interfered with play (Position B), interfered with an opponent or gained an advantage by being in that position. In this play, the restart would be from A2's defensive half of the field because she ran to receive the ball here after having been in an offside position when the ball was kicked.

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Rule 14-1-4 Penalty Kick



- MechaniGram A: Legal; stutter stepping is not an interruption of movement.
- MechaniGram B: Illegal; there must be continuous movement toward the ball.

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2017-18 NFHS SOCCER POINTS OF EMPHASIS



Risk Minimization: Shinguards

- Shinguards are required pieces of all players' equipment. Coaches need to ensure shinguards are: properly fitting, not altered by the athlete, worn under the socks, worn with the bottom edge no higher than 2 inches above the ankle.



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Referee Communication and Teamwork

- Communication is critical for effective game management. Referees should conduct a thorough pregame with the head coach, captains and officiating crew in order to review rule changes, ensure proper equipment, discourage rough play and emphasize zero tolerance for offensive or abusive language or gestures. Communication devices may also be used to enhance communication among officials.



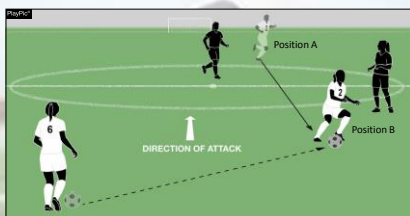
www.nfhs.org

Restarts: Penalty Kick

- Once the kicker starts his/her approach toward the ball, he/she may not stop his/her movement. A stutter-step is permitted; however, continuous movement toward the ball is required.

www.nfhs.org

Restarts: Location of Offside Restart



- The restart for offside infractions is an indirect free kicks taken from the spot where the offending player interfered with play, interfered with an opponent or gained advantage by being in that position.

www.nfhs.org

High School Soccer Spring 2018 IOWA REFEREE COMMITTEE Points-of-Emphasis

IRC HS Liaison

Topics

- Sportsmanship
- Communication
- Assistant Referee (AR) Safety
- AR Responsibilities
- Passback
- Handling
- Illegal vs. Improper Equipment
- Jewelry
- Yellow Card Re-entry
- Offside

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Sportsmanship

- IHSAA & IGHSAA are placing Sportsmanship at the top of their points-of-emphasis list for 2018.
- Players/Coaches – Business as usual. Use your cards as necessary for Unsporting Conduct. Officials: Please leave the field of play immediately after the conclusion and the score is verified. Do not wait for “fist bumping” after the contest.
- Spectators/Parents – Know where the School Administrator is before the start of the match. Use him/her to deal with any problems from the stands.
- Include Sportsmanship issues in your postgame online Reports.

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Communication

- Pre-Game Meeting
- It is the expectation of the IHSAA that the head coach from each team be present at the pre-game meeting. This is a **requirement** in HS Soccer.
- Make adjustments in your pre-game protocol to ensure that the head coaches are involved in this meeting.

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Assistant Referee Safety

- Do **NOT** allow coaches or players to crowd the touchline!
- Coaches are to remain in their Technical Areas.
 - AR Safety – ARs have been injured
 - AR Visibility – of the Touchline
- If a coach or player has repeatedly been asked to step back, this would be worthy of a Yellow Card for Unsporting Conduct.

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AR Responsibilities

- Use proper mechanics and flag signals
- In-line with the second to the last defender or the ball – whichever is nearer to the Goal Line
 - Judge Offside
 - Follow all balls to the Goal Line
 - ✓ Goal / No Goal?
 - ✓ CK or GK?
- Indicate Fouls/Misconduct not seen by the Referee
- Use approved flag signals and signal clearly

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Passback

- On any occasion when a player deliberately kicks the ball to his/her own goalkeeper, the goalkeeper is not permitted to touch it with his/her hands.
- SITUATION: A short Goal Kick is taken by a teammate and played to his/her goalkeeper standing outside the Penalty Area so that the goalkeeper plays the ball with his/her feet into the Penalty Area and picks it up.
- RULING: An Indirect Free Kick is awarded to the opponents at the spot of the violation, unless in the Goal Area.

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Passback

(Cont'd.)

On any occasion when a player deliberately kicks the ball to his/her own goalkeeper, the goalkeeper is not permitted to touch it with his/her hands.

- SITUATION: The ball is kicked to the goalkeeper by an attacker. The goalkeeper traps the ball with his feet and dribbles it into the Penalty Area where he picks it up.
- RULING: Legal. Goalkeepers who receive the ball directly from an opponent may dribble the ball into the Penalty Area and pick up the ball.

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Handling

- Hand to ball – NOT ball to hand
- Deliberate Handball to stop an attack is a Yellow Card for Unsporting Conduct
- Deliberate Handball* to prevent a goal and the goal is not scored is a Red Card
- NOTE: If every time the hand came into contact with the ball was a Foul, players would be coached to kick it at their hands.
- Other than a goalkeeper within his/her own Penalty Area

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Handling

(Cont'd.)

- Deliberate Handball
- SITUATION: During a shot on goal, B2, in the Penalty Area, reaches out and deliberately deflects the ball. Just as B2 deflects the ball with the hands, A2 kicks the free ball and it (a) goes into the goal; (b) does not go into the goal.
- RULINGS: In (a), award a goal and Caution B2 for Unsporting Conduct; in (b) call Handling, award a Penalty Kick, and disqualify B2 for Serious Foul Play.

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Handling

(Cont'd.)

- A Handling offense should not be called if:
 - the ball moves to the hand or strikes the hand unexpectedly.
 - the player reflexively moves the hand to protect himself or herself when the ball is coming in at speed and/or from a short distance away.
 - the hand is held in a normal playing position.
 - a player does not unfairly control or direct a ball that initially made contact with the player's hand entirely accidentally.
 - the ball contacts a hand which is not being held away from the body in order to make the player bigger.

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Illegal vs. Improper Equipment

Know the difference, e.g., Shinguards



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Illegal vs. Improper Equipment

(Cont'd.)

- Illegal
 - The head coach shall receive the first caution for an illegally equipped player. All subsequent cautions for an illegally equipped player shall be issued to the player and not to the head coach.
 - An illegally equipped player shall leave the field of play when the ball next ceases to be in play. Play shall not be stopped for an infringement of this Rule. The referee may stop play immediately if there is a dangerous situation.
 - The removed player may re-enter at the next legal substitution opportunity only after reporting to an official who shall be satisfied the player's equipment is in order.

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Illegal vs. Improper Equipment

(Cont'd.)

- Improper
 - A Caution will not be issued for an improperly equipped player.
 - An improperly equipped player shall leave the field of play when the ball next ceases to be in play. Play shall not be stopped for an infringement of this Rule. The referee may stop play immediately if there is a dangerous situation.
 - The removed player may re-enter after reporting to an official, who shall be satisfied the player's equipment is in order. There shall be no replacement until the next opportunity to substitute. The removed player may re-enter during a dead ball after reporting to an official who shall be satisfied the player's equipment is in order.

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Jewelry

- Jewelry
 - A player found wearing jewelry after the game has started shall be removed from the game and cannot return until the next legal substitution opportunity for his team. The coach receives a yellow card.
 - If a second player is found playing with jewelry on, he/she is yellow-carded and must sit out for 5 consecutive minutes. The head coach does not receive a yellow card for the second infraction.

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Yellow Card

Re-entry

- Player Caution (Yellow Card) Re-entry
- When a player is removed for 5 minutes due to receiving a yellow card, the player is not to report to the Halfway Line as a substitute to re-enter until the entire 5 minutes has elapsed.
- A coach who sends his player to re-enter as a substitute prior to the 5 minute expiration is guilty of Misconduct and cautioned.

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Offside

- **IMPORTANT:** All governing bodies agree:
- “Interfering with an Opponent” means preventing an opponent from playing or being able to play the ball by clearly obstructing the opponent’s line of vision or movement for challenging an opponent for the ball.
- “Gaining an Advantage” by being in an offside position means playing a ball that (1) rebounds or is deflected to him/her off the goal post, crossbar or an opponent; (2) that rebounds or is deflected to him/her from a deliberate save by an opponent; (3) receiving the ball from an opponent who deliberately plays the ball such as a miskick or misdirected header (except for a deliberate save), is not considered to have gained an advantage and is not offside.

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Resource Material

- Resources for IA High School Soccer Referees will be found at:
- <http://www.SDI-IA.com/nfhs.html>
 - Summary of Changes
 - Flashcards to practice Rules Exam
- <https://app.BOX.com/v/NFHS>
 - Publications
 - Videos

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Questions?

- **Jennifer Dunn**
Iowa Referee Committee (IRC), H.S. Liaison
jenniferdunn@live.com
319-929-0300

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CAUTION: DO NOT STOP THIS PRESENTATION OR CLOSE YOUR BROWSER

At the conclusion of the verification page, you will be provided with a certificate of completion.

Coaches – please print three (3) copies of the verification certificate
One for your records
One for your administrator
One for your coaching authorization renewal

Officials – please print one copy of the verification certificate for your files

If after viewing this video you have questions, please contact Todd Tharp at ttharp@iahsaa.org or Lisa Brinkmeyer at lisa@ighsau.org

You may now click on the button to the right of your screen that says:
I’m FINISHED Watching the Rules Meeting Video
You will be directed to the verification screen followed by the verification certificate